



## What can it help you to do?



Improve your self awareness and give you an opportunity to self reflect and grow.



Helps you to identify your key strengths & areas for development.



Understand your key motivators and aspirations and how you can thrive in your career.



## What is MAPP?

MAPP is a HSEQ specific personality profiling tool.
It considers your Motivations, Aspirations, Personality and Progression and helps you to MAPP your career journey.

## Introduction

Your goal is to develop the best career for you.

Our role is to help you.

MAPP is our bespoke, HSEQ specific profiling tool. It helps you understand more about your personality traits and related behaviours.

It helps you understand more about the career journey you want to pursue and enables you to create a pathway to get there.



## What it does

It creates a individual personality profile and aspirations report. Highlights your notable traits and areas for growth as well as highlighting your motivators and potential challenges. Self awareness is the key to unlocking your full potential.

As part of the process of completing the assessments you will also have a 1:1 coaching session with our Organisational Psychology Consultant to give you further context to the report and a deeper understanding of your goals and direction of travel.

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